



STOTT PILATES®
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STOTT PILATES® EDUCATION TRAINING APPLICATION - Dallas Hosting Facility

SUBMIT your application to: Center Pose, Inc. d/b/a Pilates South Texas, 1934 West Gray, Suite 211, Houston, Texas 77019
 T: 713.861.6770 http://www.pilatesouthtexas.com

HOSTING FACILITY: Body Tech, 11661 Preston Rd. #186, Dallas, Texas 75230
 T: 469.232.0300 http://www.bodytechpt.com

CONTACT INFORMATION

First Name:		Last Name:	
Address:			
City:	Prov. / State:	Country:	Postal / Zip Code:
Phone (Home):		Phone (Mobile):	
E-mail #1:		E-mail #2:	

CERTIFICATION COURSE REGISTRATION

Applications must be accompanied by two letters of reference and a deposit. Space is limited and applications will be processed on a first-come-first-served basis. **Space will ONLY be reserved upon the receipt of all application materials and a deposit.**
Prices are subject to change without notice. Fees for courses and workshops do not include required course materials or applicable taxes. **The deposit is non-transferable and non-refundable; this deposit secures a place in the Course until the balance of the course payment is received.**
REFUND/CANCELLATION POLICY FOR LEVEL 1 TRAINING COURSES:
 No refunds or transfers 7 days prior to the Training Course start date. Course refunds will be the full amount paid by client for the course(s) less \$200.00.
REFUND/CANCELLATION POLICY FOR LEVEL 2 TRAINING COURSES:
 No refunds or transfers 7 days prior to the Training Course start date. Course refunds will be the full amount paid by client for the course(s) less \$100.00.
 Contact studio for full details on our registration and cancellation policies. Any applicable refunds will be issued within 30 days of the first course start date.

CONTINUING EDUCATION WORKSHOP REGISTRATION

Applications must be accompanied by full payment of the registered workshop(s). Space is limited and applications will be processed on a first-come-first-served basis. Each workshop will hold a maximum of 18 students *only*. **Space will ONLY be reserved upon receipt of all application materials and full payment of the registered workshop(s).** Prices are subject to change without notice. Fees for workshops do not include applicable taxes.
REFUND/CANCELLATION POLICY FOR WORKSHOPS: Receive studio credit for the amount paid for a single workshop if request is made within 2 weeks of workshop date. No refunds, transfers or studio credits within 7 days of workshop date.

CERTIFICATION TRAINING COURSES - SCHEDULE 2011

CONTINUING EDUCATION WORKSHOPS - SCHEDULE 2011

<input type="checkbox"/> ISP: Injuries & Special Populations (24 hrs) \$900.00 Course, \$292.16 Materials: Total: \$1,192.16* <i>Optional Supplementary DVDs: SPS Equip; PJS Reformer/Vertical Frame & PJS Equip = \$178.44</i> <i>UPrequisites: IMP or IR Course</i> Aug 25-28 (Thu, Fri, Sat 1pm-7:30pm); (Sun 11am-5:30pm)	Saturday, September 10, 2011 Workshops <i>Prerequisites: None</i> Early Registration Before August 15, 2011: \$80.00 per Workshop Registration After August 15, 2011: \$90.00 per Workshop Hour <input type="checkbox"/> Postural Analysis & Application to Pilates Exercises (11am-3pm) <input type="checkbox"/> Intermediate Stability Chair: Functional Anatomy, Cue & Correct (3:30pm-5:30pm)
<input type="checkbox"/> IMP: Intensive Mat-Plus™ (40 hrs) \$975.00 Course, \$217.35 Materials: Total: \$1,192.35* <i>(Additional Fees for Recommended Resource Materials: Inquire with Pilates South Texas)</i> <i>Prerequisites: Working knowledge of functional anatomy; 30 hours Pilates classes; Three-plus years teaching movement or fitness</i> Sept 15-18 Sept 29-30, Oct 1-2 (Thu, Fri, Sat, Sun 8am-1:30pm)	Sunday, September 11, 2011 Workshops <i>Prerequisites: None</i> Early Registration Before August 15, 2011: \$80.00 per Workshop Registration After August 15, 2011: \$90.00 per Workshop Hour <input type="checkbox"/> Intermediate Matwork: Functional Anatomy, Cue & Correct(11am-1pm) <input type="checkbox"/> Intermediate Reformer: Functional Anatomy, Cue & Correct (1:15pm-3:15pm) <input type="checkbox"/> Exam Preparation: General Overview (3:30pm-5:30pm)
<input type="checkbox"/> AM: Advanced MatWork (6 hrs) \$225.00 Course, \$46.49 Materials: Total: \$271.49* <i>Prerequisites: IMP Course</i> Oct 22 (Sat 12pm-6:30pm)	Sunday, October 23, 2011 Workshops <i>Prerequisites: None</i> Early Registration Before September 15, 2011: \$80.00 per Workshop Registration After September 15, 2011: \$90.00 per Workshop Hour <input type="checkbox"/> Stability Chair for the Older Adult (8:30am-10:30am) <input type="checkbox"/> Functional Fitness Circle (10:45am-12:45pm) <input type="checkbox"/> Jumpboard Strength and Conditioning (1:30pm-3:30pm) <input type="checkbox"/> Matwork for Breast Cancer Rehab (3:45pm-5:45pm)
<input type="checkbox"/> AR: Advanced Reformer (18 hrs) \$500 Course, \$138.51 Materials: Total: \$638.51* <i>Prerequisites: IR Course</i> Oct 14-16: (Fri, Sat 1pm-7:30pm) (Sun 11am-5:30pm)	



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COURSE TITLE(S) AND DATE(S) (see Course schedule)

EDUCATION

Please list related degrees and certificate courses (i.e. ACE, AFAA, NASM, PMA, etc) and/or submit a resume:

Describe anatomy education:

College / University Course STOTT PILATES® Workshop Other Method Workshop

(i.e. musculoskeletal, anatomy, biomechanics)

When: _____ Where: _____ Course/Workshop: _____

EXPERIENCE

Please list your teaching experience (describe subject taught / years teaching):

Please list your personal experience in dance, fitness or other body work (how many years / how recently):

Please list your Pilates experience (describe when & where, indicate STOTT PILATES® Method or other Pilates Method):

none 1- 10 hours 10 - 30 hours 30+ hours

When: _____ Where: _____ Method: _____

Tell Us Your Assessment	Excellent	Good	Satisfactory	Mediocre	Poor
Functional Anatomy Knowledge	5	4	3	2	1
Body Awareness	5	4	3	2	1
Fitness Level	5	4	3	2	1
Coordination	5	4	3	2	1
Follow Verbal Cue (Direction) Only	5	4	3	2	1

PERSONAL INFORMATION

Do you have any injuries, conditions (including current or recent pregnancy) or postural issues that may limit your performance during the course? (Medical clearance may be required).

How did you hear about STOTT PILATES® and STOTT PILATES® Education at Pilates South Texas?

How do you plan to use your STOTT PILATES® Certification?

Are you using this course to fulfill continuing education credits?

Yes If Yes, for which organization _____

STOTT PILATES® Certification Status?

Mat, L1; Mat, L1&2; IR, L1; IR, L1&2; Mat & IR, L1; Mat & IR, L1&2; Mat, IR & CCB, L1; Mat, IR & CCB, Full

No If No, what Certification Course(s) taken?

STOTT PILATES® Intensive Certification Course(s) Taken? IMP; IR; ICAD; ICHR; IBRL XMG; XRG

STOTT PILATES® Advanced Certification Course(s) Taken? AM; AR; ACAD; ACHR; ABRL; ISP

Other Pilates Method (Trained and/or Certification) Status? _____



I hereby certify that the information provided on this application is accurate.
I understand that failure to provide accurate information may result in my removal from the certification and/or workshop program.

I, **STOTT PILATES® Certification Course Applicant** have included the following:
(Applicants that do not fulfill the requirements or do not provide the requested information listed below will not be processed for the certification and/or workshop program.)

Two letters of reference (required for first-time submission with Pilates South Texas)
(Letters should reflect course prerequisites, your teaching abilities and character)

Completion of a minimum 30 hours of Pilates Training
(Log sheet should denote *Pilates training method, date and location*)
(The **STOTT PILATES®** training method is encouraged. Hours must be fulfilled by the end of the scheduled certification training course)

Letter of completion of an accredited anatomy course and/or workshop

Or Register for an Anatomy Review Workshop

Registering for the STOTT PILATES® Anatomy Review Workshop, \$150.00 non-transferable and non-refundable registration fee for the workshop
(May attend before or within 6 months after the scheduled certification training course)
(Select a date from PST workshop listings and submit with your application)

\$200.00 Deposit (for Level 1 Course), **non-transferable and non-refundable deposit per certification training course**

\$100.00 Deposit (for Level 2 Course), **non-transferable and non-refundable deposit per certification training course**

Signature: _____ **Date:** _____

PAYMENT METHOD

Select one:

Deposit (*Payment on Remaining Tuition & Required Materials Balance is due 7 days prior to the Training Course start date*)

Deposit & Cost of Required Materials (*Payment on Remaining Tuition Balance is due 7 days prior to the Training Course start date*)

Full payment for registered course(s) (*Tuition & Required Materials*)

Full payment for registered workshop(s)
Applications that do not include full payment will not be processed.

Enter payment:

_____ Payment amount, *includes both Course(s) and/or Workshop(s)*

Select one:

Check, _____ Check # Money order Visa MasterCard American Express

(*Check payable to Center Pose, Inc.*)

Name on Card: _____

Account Number: _____ **Expiration Date:** _____ **CVC Code:** _____

Signature: _____ **Date:** _____

(*I authorize Center Pose, Inc., d/b/a Pilates South Texas to charge the above account number for the payment indicated above*)